

CANCER: The Fear of Unknown

One out of nine people in India are at a risk of developing cancer in their lifetime.*

Cancer is a complex and unpredictable disease that can be frightening and cause anxiety. It brings physical pain, disrupts daily life, creates financial difficulties, and has various psychological effects including stigma and existential crises. It not only affects the person with cancer but also has a significant emotional impact on their family, caregivers, and healthcare providers.

Common Psychosocial Effects of Cancer Diagnosis and Treatment



Individuals with Cancer

Coping with Mortality & Uncertainty

Body Image Issues



Emotional Distress

Survivor's Guilt

Medical Professionals

Compassion Fatigue

Work-Life **Balance**

Burnout

Family Members



Financial Impact

Impact on Children

CENTRE FOR PSYCHO-ONCOLOGY OFFERS

Texas School of Mental Health is opening the world's first Independent Center for Psycho-Oncology in India, in partnership with Rising India Research Foundation. This center aims to improve the quality of life for individuals with cancer, their families, caregivers, volunteers, and medical professionals.

Our Psycho-Oncology services aim to bridge the gap in cancer care by:

- · Improving emotional well-being
- · Enhancing coping strategies
- · Supporting caregivers and fostering effective communication
- · Addressing psychological and social aspects of the disease
- · Aid in transitioning to survivorship
- Promoting long-term adjustment and post-traumatic growth
 And much more....

Stakeholders







Individuals with Cancer

Family

Volunteers





Medical
Professionals
& Community

Caregivers







Texas School of Mental Health

Texas School of Mental Health was formed in the year 2019 in the Texas, US and later in Netherlands with the vision of Working towards Mental Fitness by introducing a Psycho-Educational Model of Mental Health Finishing School and introducing Mental Health Center, providing Mental health Services to the Specific Communities, Individuals and Families.

TSMH has partnered with IIT Hyderabad to launch PG Diploma in Applied Psycho-Oncology and there will be many more to follow.

TSMH Services

- 1. Center for Mental Health
- 2. Diploma Courses Introducing the concept of 'Finishing School'
- 3. Community Mental Health Services
- 4. Corporate Mental Health Services
- 5. Research



Rising India Research Foundation

Rising India Research Foundation, a Non Profit Organisation was formed in the year 2014 with the Vision of Contributing to the Nation's Development through Women Empowerment & Striving towards Mental Fitness. Mental Fitness is crucial for overall Well-being and Productivity. Empowering Women is a powerful way to drive Social and Economic Progress. By focusing on these aspects, Rising India aims at a Positive Impact on Individuals and Society as a whole.

Contact us

- support@risingindia.net
- **+91 9545 300 800**
- 17, 1st Floor, Lane No. 2, Prashant Society, Near Krushna Hospital, Paud Road, Kothrud, Pune - 411038, Maharashtra